



Bedtime Routine Cards

Using bedtime flashcards can help children to understand what happens at bedtime and can meet these expectations better when visually guided through these stages.

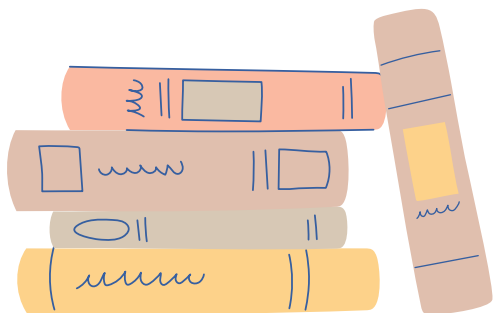
This FREE printable resource can be cut out, organised and used with your little one for a helping hand getting them to bed.



Bath



Kissess



Book



Teeth



Drink



Bed



PJ's



Lights out